

Provider Guide

Alzheimer's Risk Assessment

#5400

Not Available in New York

Ordering Physicians

At the time of collection or before providing to a patient, visit gdx.net/mygdx to activate this test using the number on the included label card.



Help Patients Plan for Collection

Ship Monday thru Friday and avoid US holidays which may cause delays.

Night Before Blood Draw

Patients should fast overnight.
Water is okay.

Place freezer brick in freezer for at least 8 hours before blood draw.

Specimen Collection

1. Write patient's **date of birth** (DOB) and the **date of collection** on the labels provided. Attach a completed label to the **tube** being returned to the lab.



Blood Draw and Processing

1. **Clean the skin** thoroughly with isopropyl alcohol before venipuncture, and **use only stainless steel needles**.
2. **Draw blood**.
3. **Process blood** using bench chart. Processing must be completed within **45 minutes** of blood collection.

Bench Chart

1. Locate Tubes



9 ml K3-EDTA Lavender-top Tube



Neutral Tube

2. Collect and Process



Gently invert the tube 10-15 times

Centrifuge 15 min. at 3000 RPM

Transfer plasma to Neutral Tube

DISCARD USED TUBE

3. Label and Freeze



FREEZE

Activate Test Online

Visit www.gdx.net/mygdx to provide important information about this collection and receive a **confirmation number**.

Package and Return Collection

1. Confirm the tube has a completed label attached.
2. Place the frozen freezer brick and the biohazard bag with frozen tube inside the foam insulator and close.
- 3 Seal the box inside the FedEx shipping bag, attach the shipping label, and drop off at an authorized FedEx location.

[Learn more about return shipping at www.gdx.net/shipping.](http://www.gdx.net/shipping)

