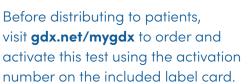
Provider Guide



NutrEval® Plasma #3001

BEFORE YOU BEGIN

Ordering Physicians





STEP 1

Help Patients Plan for Collection

Ship Monday thru Friday and avoid US holidays which may cause delays. See the Patient Guide for additional prep information and review full clinical guidelines at **gdx.net/tests/prep**.

4 Days before Collection

Discontinuing medications is at the discretion of the physician. Valproic acid, acetaminophen, and berberine HCl can interfere with select analytes.

Night Before Blood Draw

Patient must fast overnight. Water is okay. Freeze freezer brick at least 8 hours.

Day of Blood Draw

Remind patient to freeze urine samples a minimum of two hours prior to blood draw

Not Available in New York



Abnormal kidney function or use of diuretics may influence test results.

STEP 2

Specimen Collection

 Write patient's date of birth (DOB) and the date of collection on the labels provided. Attach a completed label from the activation card to each of the 4 tubes being returned to the lab.

The Na-EDTA blue-top tube, Na Heparin blue-top tube, and K2-EDTA blue-top tube are interchangeable for this specimen collection pack. These are **trace mineral tubes**, not standard tubes.

Blood Draw and Processing

- 1. **Clean the skin** thoroughly with isopropyl alcohol before venipuncture, and **use only stainless steel needles**.
- 2. Draw blood.
- 3. **Process blood** using bench chart. Processing must be completed within **45 minutes** of blood collection.

Bench Chart

TUBES	PRO	CESS	LABEL AND RETURN
Na-EDTA, K2-EDTA, or Na Heparin Blue-top Tube	Gently invert 10-15 times		CALGOLISTANA CALGOLISTANA CALGOLISTANA CALGOLISTANA REFRIGERATE
Red SST Tiger-top Tube Amber Transfer Tube	Clot for 15 min. while standing in a rack Centrifuge 15 min. at 3000 RPM Transfer serum to amber transfer tube DISCARD USED TUBE		CALPERTON COLIFICATION COLIFICA
EDTA Lavender- top Tube	Gently invert 5 times Do not shake		OLGO/JOLA Magazia and anti- Magazia and anti- Magazia and anti- Magazia and anti- Magazia a
Na Heparin Tube Blue or Green-top Blue-top Preservative Tube Yellow-top Transfer Tube	Gently invert the tube 10-15 times Centrifuge 15 min. at 3000 RPM Transfer plasma to blue-top preservative tube DISCARD USED TUBE	Immediately shake very hard at least 10-20 sec. Centrifuge 5 min. at 2500 RPM Transfer the clear supernatant into the yellow-top transfer tube DISCARD USED TUBE	CRI CRI DIGIA ROMAN PARA DEL PROPERTO DE LA PROPERTO DEL PROPERTO DEL PROPERTO DE LA PROPERTO DEL PROPERTO DEL PROPERTO DE LA PROPERTO DEL PROPERTO DE LA PROPERTO DEL PROPERTO DE LA PROPERTO DEL PROPERTO DEL PROPERTO DE LA PROPERTO DE LA PROPERTO DEL PROPERTO DEL PROPERTO DEL PROPERTO DEL PROPERTO DEL PROPERTO DEL PROP

STEP 3

Return Collection Pack

- Confirm that each tube has a completed label attached with patient's date of birth and the date of collection. Place the frozen freezer brick and the biohazard bags with all tubes inside the foam insulator. Replace the foam lid.
- If ordered, confirm the cheek swab envelope is sealed shut and has a completed label attached. Then place behind the foam insulator inside the cardboard box.
- 3. Retain a copy of the activation number for future reference using one of the three labels provided on the bottom of the activation label card.
- 4. Visit gdx.net/mygdx to enter the date of your final collection and receive your confirmation code. Write the date of collection and your confirmation code on the activation label card. Place the activation card inside the box.
- Close the cardboard box and place inside the FedEx shipping bag. Follow the shipping instructions provided.

